

Rates

Monthly rates are based upon the number of days/week attended. If your child comes once/week, it is \$140/mo; twice/week = \$240/mo; three times/week = \$340/mo. . All ASATS participants must pay in advance.

Dropping Out

Ongoing students are expected to continue through the balance of the school year. If you cannot commit to an entire school year, please consider "Alternatives". If you know in advance that your child will not be able to attend for a period of time, we will be glad to schedule – in advance – makeup opportunities.

Winter Riding

Although there are very few days when it is simply too cold to ride, there are many more days when we see children inadequately dressed for the weather. [Please see the insert for suggested "Winter Apparel"](#).

Weather Cancellations

We will schedule a makeup lesson if local schools are closed or if, in our opinion, the temperature in the riding arena is too cold for riding. (Generally speaking, we consider it too cold if the temperature in the arena is below 10° for experienced riders, below 15° for intermediate riders and below 20° for beginners and for children under the age of seven.) Aside from school closures, we will call you if ASATS has been canceled due to severe weather conditions. (Don't worry! If your child ends up at the stable in unfavorable weather, we will make sure that he/she stays warm until you get here.)

Summer Day Programs

Chariot Riders offers a comprehensive horse-centered day camp program in the summertime. Call if you have not received a brochure in the Spring.

"Chariot Riders"

ASATS is operated through a not-for-profit 501(c)(3) corporation called "Chariot Riders". Donations to help defray the cost of this program are warmly accepted (and are tax-deductible!). Volunteer tutors and assistants are appreciated. If and when sufficient contributions have been set aside, scholarships will be offered to families who cannot pay the full published rates of this program. Please help if you can!

www.Chariotriders.org

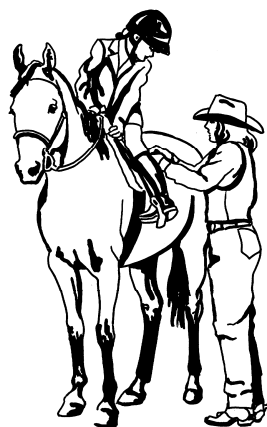
Our website provides information on the missions and programs of Chariot Riders. All brochures and registration forms are downloadable from the website. If you know of someone who would like to sponsor a student or to contribute in some other way, please check "How you Can Help" on the site. You can read about our school horses and the accomplishments of our students and former students.



2009 - 10

After School at the Stable

the after-school place for kids who love horses



Chariot Riders Inc.
2 Locations in
Ocean & Monmouth County
A therapeutic riding academy for everyone!

3170 Chariot Court
Manchester, NJ 08759

732-657-2710

Chariot Riders
3170 Chariot Court.
Manchester, NJ 08757

There are three hallmarks of our after-school program at Chariot Riders(CR): 1) our genuine concern for the overall personal development, self-esteem and well being of your child, 2) our commitment to provide the highest quality riding instruction, and 3) our desire to share with your child our compassion and appreciation for horses as fellow living creatures and friends.

We have long endeavored to provide an environment that gives your child (and adults – and horses) a sense of peace and belonging. Unlike many other stressful and superficial aspects of modern culture, CR provides a “safe harbor”, a place where we nurture success and self-esteem for everyone.



School-Year-Long Commitment

As we are committed to your child, we ask that you be equally committed to us. We give preference in our after-school program to students who are serious about learning to ride and who plan to continue in the program throughout the school year. If you are not sure about your child's continued interest in horses, see “Alternatives” below.

“After School at the Stable” (ASATS) is offered on a monthly basis, four weeks per month. During school breaks, when there may be fewer than four weeks of school in a month, kids may schedule a make-up private lesson or an extra after-school day. (See calendar insert.) Our calendar is based on the Ocean County public school calendar. Other school calendars will be accommodated.

Alternatives

Private lessons may be scheduled on Saturdays. We also offer lessons during the school day for adults, pre-schoolers and children who are home-schooled.

After-School Activities

The heart of our program is a one-hour group riding lesson, scheduled at 3, 4 or 5pm. Extended supervision is offered to children who can observe quietly, study or do barn chores with minimal supervision. ASATS is offered Tuesday through Thursday. Your child may participate one, two or three days of the week.

Transportation

Students/parents can arrange with the school to ride a school bus to the stable. If no other alternative is available (and especially if your child has attended ASATS before), we may be able to provide *limited* transportation to the stable

Age Groups

The basic after-school program is designed for children ages 8-15. Younger children experienced with our programs may participate with special permission.

Riding Style

We teach “dressage”, a word that in French means training. It is the classical, “correct”, and educated form of riding that has been developed and perpetuated by Masters over thousands of years. Dressage is a classical art form – like painting, architecture, music or dance. It provides the correct foundation for any future style of riding. Dressage is the basis, not just for surviving on the back of a horse, but for honoring and improving the horse, for making him more athletic, more comfortable to ride and more beautiful to behold. All of our advanced riders (kids and adults) do compete on our horses.

Commitment to Quality

We, as instructors, are very serious about our own learning at Chariot Riders. We study dressage as seriously as any of our students and endeavor to constantly improve our own riding and training such that we can improve our own teaching. Master riding teachers have given clinics here for over 20 years and will continue to do so. Our advanced juvenile riders have studied riding in college. They have trained horses in numerous regional and national awards.

Just as we are committed to our own learning, we are committed to giving your child the classical correct basics for riding. As in any sport, future excellence can only be attained if the proper initial foundation is provided.

Riding Levels

We can accommodate all riding levels in our after-school program. Generally each person will be started at the beginning level moving to a more advanced group (or private lessons) as his/her skills are demonstrated.

Individual Needs

We will be honored to work closely with parents and teachers to address the individual needs of each child.

- Schoolwork always comes first. Do you want us to check to see if homework has been done before the child rides?
- Does your child need help with his/her homework? (Volunteer tutors are welcomed!)

We are committed to the overall development of your child – whether that be in overcoming fear, improving social skills, in becoming a proficient horse person, in accepting responsibility or in developing compassion, perseverance or focus.

Camp

The riding day camp program caters to children ages 7-16. It has been designed to build confidence, teach riding and horsemanship skills, instill respect for the environment, while encouraging new friendships with other children who share the same interest.

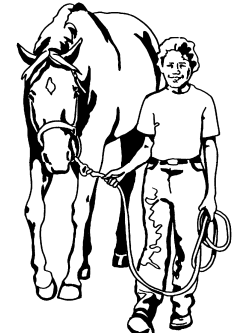
To achieve these goals, our camp's daily schedule is built around riding lessons. These lessons address the physical aspect of riding, teaching the body how to sit, balance and use aids (signals given with legs, seat, hands and voice) to direct and communicate with the horse. As campers acquire riding skills, they come to understand how a horse's mind works and why he responds as he does.

Campers will develop their riding skills through lessons, but also through participating in games, as well as riding through obstacle courses. Activities such as grooming, tacking, feeding, learning the proper care of tack, and general barn management are aimed at increasing horsemanship skills. The program also features learning about horse anatomy, nutrition, breeds, parts of the saddle and bridle, and equestrian sports. Methods will include arts and crafts, games, and other hands-on activities.

Daily horseback riding is combined with, arts and crafts, outdoor play, and nature exploration to ensure a well-rounded summer experience. Children will be evaluated on arrival and placed into classes with riders of the same ability.

Payments

Once your child is enrolled in the program, we will assume that he/she will continue on the same day in the same type of participation unless we are notified by the 1st of the month prior to the month of participation. Payments for will be required on the 1st of the month preceding participation.



Makeup of missed Lessons

There are no cash refunds if you must miss a day for any reason. If you know at least one week in advance that your child will miss your regularly scheduled day, you may at that time re-schedule to a different day. If that appointment is missed, there will be no makeup. There is absolutely no makeup, after the fact, of ASATS days missed. So that we do not worry about your child, it will be very much appreciated if you notify us of any absences – anticipated or otherwise.

Riding Apparel

The following items facilitate both safety and proper riding form (equitation).

- An ASTM-approved riding helmet – sufficiently snug to move the rider's scalp. Please label your child's helmet.
- Boots with heels. Cowboy boots or leather lace-up paddock boots are acceptable for beginner riders. Rubber riding boots are totally unacceptable and are banned from Chariot Riders. (The rider cannot get his/her heels down in the proper position with rubber boots because rubber boots are inflexible.) Serious intermediate and advanced students should purchase high-top riding boots.
- Long pants. Leggings or knit pants are more comfortable than jeans. Jeans chafe at the knees and restrict the rider's seat position. Kids' riding breeches are available at local tack stores for a reasonable price and are very professional looking.
- Riding gloves. Please label all clothing - especially gloves. Gloves are not worn for warmth, appearance or to protect the hands. They are worn because they enable the rider to better communicate with his horse through the reins.
- A close fitting upper garment (shirt in the summer, coat/sweater in colder weather) enables the instructor to better see the rider's body so that he/she can teach proper equitation. A close-fitting vest is thus an effective aid to the instructor.

Winter Riding Apparel

Many children would be far more comfortable horseback riding in the wintertime if they were properly dressed.

(As parents ourselves, we know how hard it can be to get kids to wear warm things.)

Please make sure you label everything with your child's name!

- Long underwear or polar fleece breeches. Sweat pants slipped over other pants can

provide a lot of warmth in the event of unexpected cold.

- Thinsulite riding gloves.
- An adequate close fitting coat.
- A close fitting warm sweater or polar fleece jacket/vest.
- Winter, ski-type socks.
- Boots of adequate size to accommodate sufficiently warm socks (possibly more than one pair of socks). Inexpensive children's lined winter boots, suitable for playing in the snow will do. (Your child probably has a pair already.)
- Since a warm head is also important, some students successfully wear a lightweight stocking cap under their helmet. Give it a try! It is not necessary to spend a lot of money to keep your child warm. He/she probably has most of the above items already. Just make sure everything is labeled with his/her name and that he/she takes it to the stable. You may also purchase a covered storage box to keep your child's things at the stable.